

Kona Kids Podcast

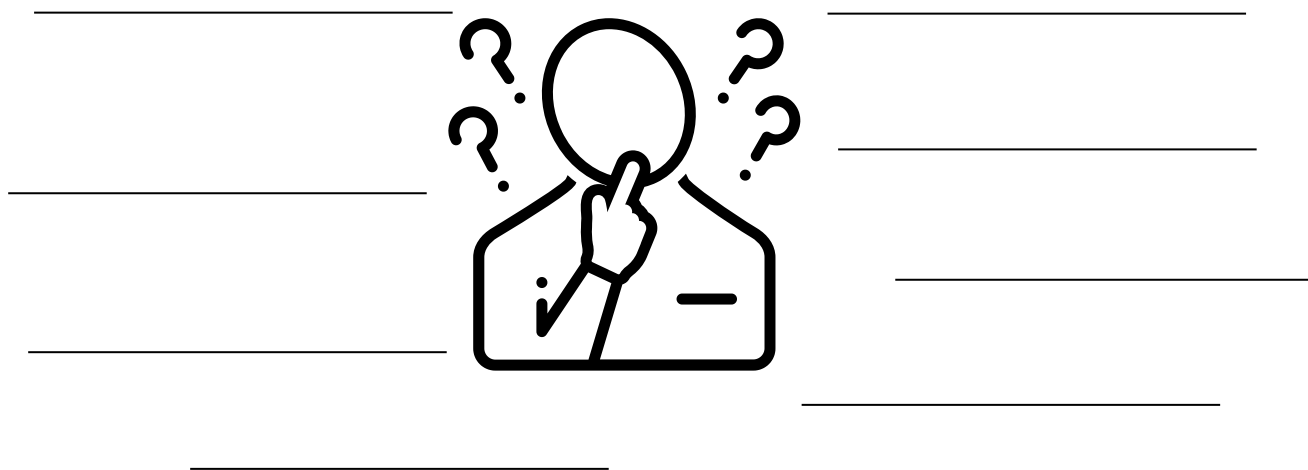
Season One Episode 13

I failed

How to Set Yourself Up for Success

What is the event that you are strategizing: _____

What do you need to feel successful? (eg. sleep?, a snack?,
someone to cheer you on?)



What kind of things do you do to feel ready? _____

What kind of things can you say to yourself to feel confident? (eg. "I've got this."
"I'm learning")
